

Wellness MENU



WELCOME RITUAL



Soul Recall Experience

A SENSORY RITUAL DESIGNED FOR TWO SOULS WHO CHOOSE TO FIND EACH OTHER. IN A PRIVATE ROOM, SURROUNDED BY WARM WATER AND SOFT LIGHTING, THE COUPLE INDULGES IN AN 80-MINUTE FULL-BODY HOLISTIC MASSAGE, WHICH HARMONIZES ENERGY AND BREATHING INTO A SINGLE VITAL FLOW. THE EXPERIENCE CONTINUES WITH PRIVATE USE OF THE WHIRLPOOL TUB AND EMOTIONAL SHOWER, FOR THREE HOURS OF INTIMACY, CONNECTION, AND SHARED REBIRTH.

Created exclusively by the Chalet All'Imperatore Spa, Soul Recall is a complete holistic experience that combines the main maneuvers of energetic and Ayurvedic massage in a single symphony of fluid, deep and enveloping gestures.

Each touch is designed to restore the body's vital flow, release stagnant energy, and dissolve accumulated tension, promoting a feeling of inner harmony and profound regeneration.

It is a unique and unrepeatable massage, born from the synergy and experience of our therapists, which contains the essence of all energetic massages in a single massage.

Soul Recall invites couples to breathe together, to let the movement of energy flow through them, and to rediscover their deep intimacy, not only physical but also vibrational.

After the treatment, guests can continue their moment of tranquility in the whirlpool tub and emotional shower, enjoying a completely private space.

The experience is accompanied by fresh seasonal fruit and a glass of Prosecco served directly in your cabin to complete the ritual with a touch of elegance and sensory pleasure.

A three-hour journey into the heart of wellness, where water, touch, and breath blend into a single vibration of love.

The Soul Recall Experience is a ritual dedicated to couples who choose to rediscover themselves, not only in their skin, but in the deepest sense of their bond.

Duration: 3 hours Couple ritual: €350



Massages



ANTISTRESS UNIVERSE

A multisensory journey dedicated to energetic rebalancing and the release of deep stress.

The experience begins with the art of fumigation, accompanied by a 432 Hz vibrational symphony, to purify the aura and prepare the body to receive new energy.

This is followed by a connection to the 7 main crystals, positioned in correspondence with the Chakras, to harmonize the energy centers and promote a balanced flow of life.

The journey continues with a full-body massage inspired by ancient Eastern techniques, which releases tension and restores calm, presence, and inner vitality.

The ritual concludes with a caress of aromatic incense fumes, which envelop the body in a sensation of lightness and protection.

An invitation to let the energy of the universe flow through you and rediscover yourself in a state of profound peace.

*Duration 45 min
Cost €85.00*

The massage involves the head, neck, arms and feet.

POLINESIANO

Inspired by ancient Pacific Island techniques and reinterpreted by our Spa Therapists, the Polynesian Massage is a total body experience that harmoniously combines decontracting, relaxing, and energetic maneuvers. Thanks to broad, enveloping and rhythmic movements, it acts deeply on the muscles, releasing tension and reactivating circulation.

It also includes scalp treatment, for complete release and a feeling of total lightness.

Perfect for those seeking a balance between strength and gentleness, between body and spirit: Ideal for guests undecided between a decontracting, relaxing, or energetic massage, because it embodies the essence of all three.

A sensory journey that leads the body towards freedom,

*Duration 50 min
Cost €100.00*

*The massage involves the whole body, from head to toe.
The mind towards the peace of the Polynesian islands*

TUINA

Tuina Massage is an ancient art of Chinese medicine that combines manipulation, acupressure, and dynamic techniques to rebalance the body's energy flow, without the use of oils.

Through targeted pressure, sliding, gentle stretching, and manipulation of the energy meridians, the therapist acts on key points to release tension, stimulate the circulation of Qi (vital energy), and restore harmony to body and mind.

By working "dry," that is, without the use of oils, the contact remains clear and direct, facilitating the perception of energetic impulses.

Perfect for those seeking a harmonious solution that combines strength and gentleness: it releases muscle tension, stimulates deep energy, and restores natural internal balance.

An invitation to awaken the vital flow and rediscover inner centering.

Duration 50 min

Cost €85.00

*The massage involves the whole body including the head,
is performed without oil, only with acupressure.*

TIBETAN & DIAPASON - ENERGY FLOW

A vibrational journey that combines the sacred sound of Tibetan singing bowls with the harmonic precision of therapeutic tuning forks, to awaken the life force and restore balance to body, mind, and spirit.

The sound waves of the Tibetan bells spread throughout the environment, creating a calm and centered field that prepares the body to receive.

In this space of presence, therapeutic tuning forks come into play: instruments tuned to specific frequencies, which are applied or brought close to the body to stimulate energy flows, loosen knots and rebalance cellular vibrations.

Tuning forks act both on a physical level (muscles, joints and tissues) and on a subtle level (energy field, aura, meridians):

the vibration propagates throughout the body, accelerates circulation, promotes internal fluidity, and renews the luminosity of the being.

It is an experience that goes beyond physical relaxation: a true vibrational realignment that brings the body back to its original frequency of harmony.

A vibrant experience that harmonizes the body and lights the soul.

Duration 50 min

Cost €100.00

The massage involves the whole body, from head to toe.

TRINITY ESSENCE

A relaxing and sensory experience that celebrates the union between body, spirit, and nature.

Upon entering the cabin, the guest is guided through a moment of olfactory listening:

The Spa Therapist presents various pure essential oils, and it will be the guest's intuition that will choose three essences, symbolizing the number 3 "the vibration of creation and universal harmony".

With the chosen essences, a deeply relaxing full body massage begins, which also includes the scalp, enveloping the body in a tailor-made fragrance and a fluid, gentle touch.

Each movement accompanies the breath, inviting the release of stress and the awakening of a natural and authentic serenity.

A personalized aromatic journey, where the body relaxes and the soul rediscovers its essence.

Duration 80 min

Cost €120.00

The massage involves the whole body including the head.

FOOT REFLEXOLOGY - ROOTS OF THE SOUL

An ancient technique of Eastern origin, foot reflexology is based on the stimulation of specific points on the foot corresponding to organs and systems of the body.

Through targeted pressure and gentle movements, it promotes energetic rebalancing, improves circulation, and promotes a profound feeling of relaxation and lightness. It's an ideal massage for those who want to regenerate the body from the roots, rediscovering stability, calm, and inner well-being.

When our feet are balanced, our entire being regains a sense of profound stability, grounding and trust in life.

Duration 50 min

Cost €75.00

The massage involves the feet only.

THAI

An ancient therapeutic practice of Thai tradition, Thai massage combines rhythmic pressure and broad stretching movements inspired by yoga to promote flexibility, release tension, and stimulate the flow of vital energy. Each sequence is performed in harmony with the breath and follows the body's energy lines, restoring balance, lightness, and a profound sense of overall well-being.

It is the ideal experience for those who want to stretch, unwind, and revitalize their bodies in a gentle yet effective way, allowing their minds to free themselves and find peace.

A dynamic and conscious encounter between body and spirit, where every stretch becomes breath and presence.

Duration 50 min

Cost €90.00

The massage involves the whole body including the head.

DECONTRACTING

During the massage, a cream based on Arnica Montana and Consolida Officinalis root is used, known for its warming, relaxing and regenerative properties.

Arnica Montana promotes muscle relaxation and helps reduce feelings of stiffness and fatigue.

Comfrey, rich in soothing and restorative active ingredients, supports the tissue regeneration process and gives an immediate sensation of well-being and lightness.

The synergy between deep manual techniques and the natural action of plants restores suppleness, warmth and vitality to the body.

Duration 50 min - 25 min

Cost €100.00 - €45.00

The massage involves the whole body except the head

DR. VODDER LYMPHATIC DRAINAGE MASSAGE

Immerse yourself in an experience of profound lightness:

Dr. Vodder Lymphatic Drainage is a gentle and refined manual technique, designed to stimulate lymphatic flow and free the body from fluids, toxins and accumulated heaviness.

Through rhythmic, spiraling, and pumping movements, performed with calibrated pressure and gentleness on the skin, the treatment guides the lymph towards the drainage centers and promotes the natural purification process of the tissues. Each gesture is like a breath for the body, each touch a boost to your internal rebirth.

The effects are immediate: you feel a sense of lightness, vitality and fluid well-being that penetrates deep down.

The Dr. Vodder massage is known not only for its effective drainage but also for its relaxing power on the nervous system, reducing swelling, tension and stimulating cell turnover.

When lymphatic energy flows, the weight of the body lightens.

Duration 50 min

Cost €80.00

The massage targets the areas of the body that are most in need.

MASSAGGIO HEART CONNECTION - (MASSAGE FOR PREGNANT WOMEN)

Recommended from the 4th month onwards, subject to evaluation.

Also perfect as a maternity gift.

A sacred ritual dedicated to the woman who welcomes a new life.

Through slow, enveloping, and deeply intuitive touches, the massage promotes total relaxation, relieves tension, and accompanies the mother-to-be in a deeper connection with her womb and the growing baby within.

The energy transmitted by the therapist's hands flows like a silent balm, bringing harmony to body, mind, and soul.

It stimulates circulation, relieves leg and back pain, improves breathing, and supports the emotional and spiritual bond between mother and child.

An intimate, safe and loving moment.

A heartfelt meeting between two souls who choose each other.

Duration 50 min

Cost €75

RECOGNIZE MYSELF MASSAGE

Ideal within the first 40 days after giving birth, but also beneficial in the following months.

A massage designed to accompany the woman in her return to herself, after the miracle of birth.

In this time of profound physical, emotional, and spiritual transformation, the mother's body needs to be welcomed, listened to, and loved.

Through enveloping, gentle yet deep movements, the massage releases tension, regenerates vital energy, and harmonizes the energy field, promoting a feeling of lightness and centering.

It is an invitation to reconnect with your feminine essence, often forgotten during months of care and total dedication.

The treatment supports the energetic uterus, calms the nervous system and nourishes the heart, bringing the woman back to her natural rhythm.

A moment of recognition, healing, and rebirth.

A gentle return to herself.
Duration 50 min Cost €75.00

Facial Rituals



KOBIDO ALPINE EXPERIENCE

A facial treatment that blends the purity of the Alps with the Japanese art of Kobido, the most effective massage in the world for naturally stimulating and rejuvenating the skin.

Thanks to the deep and rhythmic movements of Kobido, the skin is oxygenated, toned and illuminated, while the mind relaxes in a balance of energy and beauty.

The treatment uses cosmetics based on Edelweiss, a flower that is a symbol of purity and resistance, with powerful properties. antioxidant and regenerative.

The result is a relaxed, radiant and vital face: an effect natural facelift that awakens the inner light.

A tribute to authentic beauty, where the mountains meet Japan.

Duration 50 min

Cost €100.00

The treatment involves the face, arms and hands.

VITAL HARMONY

A relaxing and rebalancing facial treatment that combines the delicacy of natural cosmetics with the subtle power of Vietnamese Reflexology (Dien Chan).

After a thorough cleansing with products selected based on your skin type, the therapist performs a slow and harmonious facial massage, enriched with acupressure on reflex points of the face, to stimulate the energy flow and promote the natural skin regeneration process.

Formulas based on alpine herbs and mountain flowers, rich in pure active ingredients, deeply nourish the skin, while the subtle vibrations of reflexology give a feeling of peace, lightness and inner luminosity.

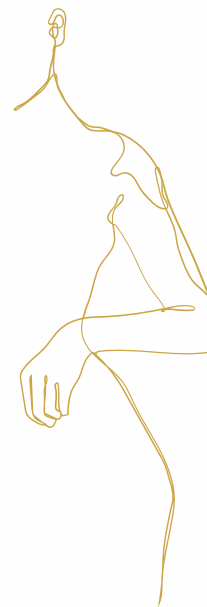
A ritual that relaxes, rebalances and awakens the natural beauty of the face
where energy and skin begin to breathe together again.

Duration 50 min

Cost €100.00

The treatment involves the face, arms and hands

Body Rituals



BODY SOUL RITUAL

A regenerating ritual to renew body, skin and energy.

The experience begins with a gentle full-body exfoliation, performed with natural salts and essential oils personally selected by the guest, following their intuition and the energy of the moment.

The scrub frees the skin from impurities and prepares it to receive the benefits of the massage that follows: a personalized body massage, chosen between relaxing, decontracting or energetic, based on individual needs. The pure aromas and enveloping manual techniques blend together in a journey of sensory rebirth, giving luminosity to the skin, lightness to the body, and serenity to the soul.

A ritual of purification and renewal, where each essence becomes a choice of love towards oneself.

Duration 80 min

Cost €150.00

The treatment involves the whole body

BRAZILIAN GLOW RITUAL

An energizing and toning body ritual, inspired by the vitality and sensuality of Brazil.

The experience begins with a handcrafted scrub prepared by our Spa Therapists, based on natural caffeine and guarana powder, mixed with nourishing and essential oils.

The scrub activates microcirculation, promotes drainage and leaves the skin extraordinarily smooth, luminous and ready to receive the massage.

This is followed by a toning Brazilian massage, featuring rhythmic, deep, and shaping movements that work on the muscle bundles and connective tissue, stimulating skin tone and improving body firmness.

A vibrant and sensual ritual

that sculpts, regenerates and illuminates

An invitation to rediscover your most authentic energy.

Duration 50 min

Cost €100.00

The treatment involves the whole body except the scalp



Home Ritual



YOUR RITUAL CONTINUES AT HOME

ARNICA AND COMFREY OINTMENT

WARMING – DECONTRACTING – REGENERATING

Formulated with Arnica Montana and Comfrey root, this natural ointment is an authentic Alpine remedy for tired muscles and joints.

Arnica stimulates circulation, reduces the feeling of tension and promotes muscle relaxation, while Comfrey, an ancient plant known as the healing herb, supports tissue regeneration and provides immediate comfort to the skin.

The rich yet soft texture quickly melts into the body, leaving a subtle scent of mountain herbs and a pleasant sensation of diffused warmth.

Ideal after sports, a day in the mountains or a relaxing massage.



Quantity: 100 ml Cost: €45.00

FOOT CREAM WITH THYME, SAGE AND YARROW

PURIFYING – REFRESHING – REGENERATING

A light, balsamic cream designed to restore freshness, lightness, and vitality to feet after long walks or intense days.

Pure Thyme and Sage extracts have a natural purifying and deodorizing action, keeping the skin dry and protected, while Yarrow soothes and regenerates, promoting softness and skin well-being.

Its fresh, velvety texture is easily absorbed, leaving an immediate sensation of relief and deep cleansing.

Also perfect as a daily cream for those who want well-groomed, light and earthly feet.



Quantity: 100 ml Cost: €40.00



Home Ritual
YOUR RITUAL CONTINUES AT HOME

ANTIOXIDANT FACE CREAM WITH EDELWEISS

REGENERATING – PROTECTIVE – ILLUMINATING

Inspired by the purity of the Alpine peaks, this face cream encapsulates the vital energy of the Edelweiss, a flower that symbolizes resistance and eternal grace.

Rich in natural antioxidants, it protects the skin from environmental stress, counteracting free radicals and preventing the signs of aging.

Its velvety formula, enriched with botanical extracts and nourishing oils, deeply regenerates and gives an immediate sensation of firmness and luminosity.

Perfect as a daily winter treatment, it leaves skin soft, supple and naturally radiant.



Quantity: 50 ml Cost: €50.00

SOOTHING FACE CREAM WITH CALENDULA AND LEMON BALM

SOOTHING – MOISTURIZING – HARMONIZING

Created for delicate skin in need of balance, this cream combines the calming properties of Chamomile, the regenerating properties of Calendula, and the rebalancing properties of Melissa essential oil.

A daily treatment that envelops the face in a natural caress, restoring softness, comfort, and an immediate feeling of well-being.

Its light yet nourishing texture penetrates easily, soothing redness, tension and signs of skin stress.

Perfect after sun exposure, during seasonal changes, or when your skin needs softness and protection.



Quantity: 50 ml Cost: €50.00

ASTRINGENT FACE CREAM WITH BURDOCK & MINT

PURIFYING – REBALANCING – REFRESHING

Formulated for combination or impure skin, this natural face cream combines the purifying properties of Burdock with the refreshing and toning power of Mint essential oil.

It purifies pores, regulates sebum production and gives an immediate sensation of freshness and lightness, leaving the skin luminous and even. Its light yet hydrating texture promotes optimal skin breathing and helps restore balance and vitality.

Ideal for the warm months or as a daily treatment for those who want clean, soft and naturally radiant skin.



Quantity: 50 ml Cost: €50.00



Home Ritual
YOUR RITUAL CONTINUES AT HOME

PROTECTIVE LIP BALM WITH EDELWEISS & HONEY

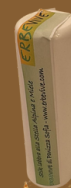
REGENERATING – PROTECTIVE – ILLUMINATING

Inspired by the purity of the Alpine peaks, this face cream encapsulates the vital energy of the Edelweiss, a flower that symbolizes resistance and eternal grace.

Rich in natural antioxidants, it protects the skin from environmental stress, counteracting free radicals and preventing the signs of aging.

Its velvety formula, enriched with botanical extracts and nourishing oils, deeply regenerates and gives an immediate sensation of firmness and luminosity.

Perfect as a daily winter treatment, it leaves skin soft, supple and naturally radiant.



Quantity: 7 ml Cost: €18.00

MALLOW, CHAMOMILE & CALENDULA BODY CREAM

EMOLLIENT – NOURISHING – PROTECTIVE

This body cream contains the living essence of Mallow, Chamomile and Calendula flowers.

Three flowers that together soothe, nourish, and protect even the most delicate skin, restoring softness and well-being.

Mallow hydrates and soothes, Chamomile relieves redness and skin tension, while Calendula regenerates and illuminates the skin with its solar energy.

The soft, silky texture is easily absorbed, leaving the skin velvety and naturally scented with alpine herbs.

Perfect for daily use on adults and children, especially for dry, sensitive or reddened skin, after showering or as an evening treat before bed.



Quantity: 100 ml Cost: €55.00

Before leaving our Spa, let yourself be inspired by the gifts of nature.
Our products, created in the mountains by the hands of those who love them, await you in the spa to continue your journey, even at home.

Every act of care is an act of love.



Stay connected with our wellness space.

Scan the QR code and join our WhatsApp channel for last-minute offers, exclusive promotions, and up-to-date availability for massages and treatments.



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For information and reservations:

 Write to us directly on WhatsApp at the Wellness Center
number: 3334567871

 Contact the hotel reception: 0465 440772

We will be happy to assist you to choosing your treatment.